

## ritu1- EDUCATION

### 2- DAYCARE:

### 3- ASSISTANCE TO SCHOOLS

### 4-FAMILY SUPPORT AND COUNSELING

### 5-HEALTH

### 6- MAYAA STAFF

## 1. EDUCATION

### **Education support for the students cover:**

- School Admission Fee
- School Monthly Fees
- School Uniform (two sets)
- A set of copies & stationary
- School Books

### **Our activities for supporting education.**

- Follow up on each student & home visit once a month.
- School visits each week for attendance collection.
- Speaking with schoolteachers about student performance & behavior
- Individual meetings and interviews with students to address various concerns.
- Follow up on exam results.
- Additional support for studies through tuitions at the center
- Computer/IT classes
- Laptops for senior students
- Course selection and career counseling for senior students
- Extra-curricular activities (art, games, movies)

### **List of all the Schools/Colleges and Universities Mayaa students are enrolled in (2022)**

SN	School/College Name	Location	Level
1.	Nepal Ratna School	Jarankhu	Nursery to Grade 8
2.	Ichangu Narayan Basic School	Ichangu	Nursery to grade 8
3.	Shree Dharma VidyaShram School	Mahankal	Nursery to grade 5
4.	Tarun High School	Balaju Bypass	Nursery to Grade 10
5.	PuranoGuheswori School	Goldhunga	Nursery to Grade 10
6.	Halchwok School	Halchwok	Nursery to Grade 10
7.	Yashovi School	Aadeswor	Nursery to Grade 10
8.	Siddhartha Vanasthali School	Balaju	Nursery to grade 10

9.	Amrit School	Balaju	Nursery to Grade 10
10.	NR School/College	Nepal Taar	Nursery to Grade 12
11.	Gram Sewa School/College	Dharmasthali	Nursery to Grade 12
12.	Siddhi Ganesh School/College	Thamel	Nursery to Grade 12
13.	Rising Star College	Kalanki	Grade 11 & 12
14.	Ganesh MansingCollege	Kalanki	Grade 11 & 12
15.	Intensive College	Kalimati	Grade 11 & 12
16.	Gyanodaya College	Kalimati	Grade 11 & 12
17.	Kathmandu College of Center College (University)	Kalimati	University
18.	Gramin College/University	Nepal Taar	Grade 11 & 12, University
19.	Padma Kanya University	Bagbazaar	University
20.	St. Xavier's College	Maitighar	Grade 11 & 12
21.	Holy Vision College	Chauni	Grade 11 & 12
22.	Manasulu college	Balaju	Grade 11&12
23.	HRIT ACADEMY	Basundhara	Grade 11&12
24.	Herald international college	Basundhara	Grade 11&12

#### The main schools Mayaa Nepal works with:

1. Nepal Ratna School, Jarankhu
2. Ichangu Narayan Basic School, Ichangu
3. Shree Dharma VidyaShram Basic School, Mahankal
4. Shree PuranoGuheswori school, Goldhunga

#### Exam Results for School (2022)

##### Grade 1- Grade 10

SN	School Name	Number of students	Number of passed students	Number of failed students
1	Nepal Ratna School	75	75	-
2	Ichangu Narayan Basic School	24	24	-
3	Shree Dharma Vidya Shram School, Mahankal	16	16	-
4	Tarun High School	4	4	-
5	PuranoGuheswori School	10	10	-
6	Halchwok School	3	3	-
7	Yashovi School	1	1	-
8	Siddhartha Vanasthali School	1	1	-
9	Amrit School	16	16	-
10	NR School/College	7	7	-
11	Gram Sewa School/College	11	11	-
12	Siddhi Ganesh School/College	8	8	-
13	Gita Mata school	5	5	-
	<b>TOTAL</b>	<b>181</b>	<b>181</b>	<b>0</b>

**\*Notes on the evolution of students per school vs 2021:**

-Mahankhal: 2020 only 8 students->2022 =16 students

The increase in sponsor children in Mahankal School is due to the recommendation of the teachers. In the school meeting with the teachers, they notified Mayaa Nepal regarding the situation and need for the sponsorship for few children. Upon their request, we visited the student's home to ensure the condition of the children. As we felt the need, we increased the number of children in that school. Without Mayaa's sponsor they would not be able to go to school.

- Tarun: 9 in 2021->4 in 2022: Most of the students from Tarun school have graduated from the school and school change.

- Jana: we used to sponsor 4 kids there/ none this year: Most of the students from Jana school have graduated from the school.

- CYF: used to be 3 ->none this year: CYF started sponsoring the children themselves and they are in the hostel. We no longer need to fund them.

**College (Grade 11 & 12)**

SN	College/University Name	Number of students	Number of passed students	Number of failed students
1	Padma Kanya college	1	1	-
2	Kathmandu College of Center College	4	3	1
3	St. Xavier College	1	1	-
4	Gynodaya College	1	1	-
5	Gramin College	2	2	-
6	Ganesh Man Shing college	1		1
7	Herald college	1	1	
8	Hrit college	1	1	
9	NR college	1	1	
10	Suwal International college	1	1	
11	Holi Vision college	1	1	
12	Manasulu college	1	1	
	<b>TOTAL</b>	<b>16</b>	<b>14</b>	<b>2</b>

**University**

SN	University Name	Number of students	Number of passed students	Number of failed students
1	Intensive (University)	1	1	-
2	Gramin University	2	2	-
3	Padma Kanya University	1	1	-
4	Rising star University	1	1	
		<b>5</b>	<b>5</b>	

## Result Summary 2022

Grade/Level	Number of students	Number of passed students	Number of failed students
Pre-Primary (Nursery, LKG, UKG)	44	44	-
School (Grade 1- Grade 10)	137	137	-
College (Grade 11 & 12)	16	15	1
University	5	5	-
<b>TOTAL Students (Nursery-University)</b>	<b>202</b>	<b>202</b>	<b>1</b>

## School Enrollment for Academic Term 2022

The school enrollment for 2022 started on 15 May 2022 due to Covid delays.

### Total Number of Students in School (Grade 1 to Grade 10)

SN	School Name	Number of students	Girls	Boys
1	Nepal Ratna School	75	39	36
2	Ichangu Narayan Basic School	24	14	10
3	Shree Dharma VidyaShram School, Mahankal	16	14	2
4	Tarun High School	4	4	
5	PuranoGuheswori School	10	3	7
6	Geeta Mata school	5	4	1
7	Halchwok School	3	1	2
8	Yashovi School	1	1	
9	Siddhartha vanasthaliSchool	1	1	
10	Amrit School	16	6	10
11	NR School	7		7
12	Gram Sewa School	11	8	3
13	Siddhi Ganesh School	8	3	5
	<b>TOTAL</b>	<b>181</b>	<b>98</b>	<b>83</b>

### Total Number of Students in College (Grade 11 & 12)

SN	College Name	Number of students	Girls	Boys
1	Gramin College	2	2	
2	Ganesh Man Sing College	1	1	-
3	Kathmandu college of central state	4	2	2
4	Gyanodaya College	1	1	-
5	Manasulu college	1		1
6	Holy Vision college	1	-	1
7	Padma kanya College	1	1	-

8	ST. Xaviers college	1	1	-
9	Herald college	1		1
10	Hrit college	1	1	
11	NR college	1		1
12	Suwal college	1	1	
	<b>TOTAL</b>	<b>16</b>	<b>10</b>	<b>6</b>

### Total Number of Students in University

SN	University Name	Number of students	Girls	Boys
1	Intensive University	1	1	-
2	Gramin University	2	2	-
3	Padma Kanya University	1	1	-
4	Rising star University	1		1
	<b>TOTAL</b>	<b>5</b>	<b>4</b>	<b>1</b>

### Summary of number of students:2022

Grade/Level	Number of students	Girls	Boys
School (Nursery- Grade 10)	181	98	83
College (Grade 11 & 12)	16	10	6
University	5	4	1
<b>TOTAL Students (Nursery-University)</b>	<b>202</b>	<b>112</b>	<b>90</b>

### Total number of students based on Grade: 2022

Grade	Total Number of students	Girls	Boys
Nursery	16	7	9
LKG	19	6	13
UKG	9	5	4
Grade 1	24	15	9
Grade 2	9	5	4
Grade 3	18	7	11
Grade 4	17	11	6
Grade 5	11	9	2
Grade 6	17	8	9
Grade 7	13	6	7
Grade 8	11	11	-
Grade 9	9	5	4
Grade 10	8	3	5
Grade 11	6	3	3
Grade 12	10	7	3
University 1 <sup>st</sup> Year	2	1	1

University 2 <sup>nd</sup> Year	1	1	
University 3 <sup>rd</sup> Year	1	1	
University 4 <sup>th</sup> Year	1	1	
<b>TOTAL</b>	<b>202</b>	<b>112</b>	<b>90</b>

### Number of Dropouts in 2022

SN	Dropout student	school	Dropout reason
1	Aashika Tamang	Nepal Ratna	School change, Migration continue
2	Sita BK	Nepal Ratna	Migration , school continue

*Notes: as Sika is the sponsored child of Mr & Mrs La Fonta, we will inform them and propose another child.*

### Total students enrolled- Nursery to University (evolution from 2013)

Academic Term	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
DAYCARE		23	16	21	28	24	29	Covid same students	40	40
School (Nursery to Grade 10)	96	96	102	102	128	137	165	180	169	181
College (Grade 11 & 12)	-	-	-	-	6	3	3	5	12	16
University	-	-	-	-		6	6	4	3	5
<b>Total</b>	96	119	118	123	162	170	203	189	224	242

### Education Budget for 2022 Actual cost

	Plan 2021	Expenses 2021	Remarks
School Fee	1411200	873590	Discount all school
School Uniform	432480	328253	Discount all school
School track suit	46400	46400	
Stationary & copies	127200	130000	
Books	305280	175678	
College fee	399000	242900	
University fee	92500	81770	
<b>TOTAL</b>	<b>2814060</b>	<b>1878591</b>	<b>Discounted</b>

## 2. DAYCARE

The Daycare is aimed at helping the children from underprivileged families get ready for school as well as providing a way for the families to go for work and earn income while we take care of the children. Through daycare we provide the children with education, fun and entertainment, health check-ups, hygiene, and nutritious meals.

### Daycare Timings:

9:45 AM to 3:30 PM

### Locations:

- Nepal Ratna School, Jarankhu
- Mayaa Center, Balaju

### Staffs:

Each Daycare center has two staffs- Daycare Teacher and Daycare Assistant & Cook.

### Daycare Student List (2022)

A total of 40 students were enrolled in Mayaa Daycare in 2022.

Daycare Center	No of students	Girls	Boys	No. of dropouts
Nepal Ratna School, Jarankhu	20	9	11	-
Mayaa Center, Balaju	20	8	12	-
<b>TOTAL</b>	<b>40</b>	<b>17</b>	<b>23</b>	

### Jarankhu Daycare: 2022

SN	Name	Gender	Age	School Enrolled
1	Sapana Magar	F	4	Nepal Ratna
2	Sudarsana Khadka	F	4	Nepal Ratna
3	Aalav Rai	F	3	Nepal Ratna
4	Dolma Tamang	F	3	Nepal Ratna
5	Apekshya Tamang	F	5	Nepal Ratna
6	Roshan Shahi	M	4	Nepal Ratna
7	Raj Bom	M	4	Nepal Ratna
8	Rosika Ghale	F	3	Nepal Ratna
9	Sujan Bhujel	M	3	Nepal Ranta
10	Subit Mijar	M	3	Nepal Ratna
11	Dawa Lama	M	4	Nepal Ranta
12	Krish Gurung	M	4	Nepal Ranta

13	AakritiJaishi	F	5	Nepal Ratna
14	Lalita Kami	F	3	Nepal Ranta
15	Ujwal Tamang	M	3	Nepal Ratna
16	Rasila Tamang	F	4	Nepal Ratna
17	Aayush Kumal	M	3	Nepal Ratna
18	Ankit Rana Magar	M	3	Nepal Ratna
19	Nishma Shrestha	F	3	Nepal Ratna
20	Simson Rai	M	3	Nepal Ratna

### Balaju Daycare

SN	Name	Gender	Age	School Enrolled
1	UnikDarji	M	2	Mayaa Daycare
2	Smile Shrestha	M	3	Mayaa Daycare
3	SamikshyaDarji	F	2	Mayaa Daycare
4	Sanish Magar	M	3	Mayaa Daycare
5	AayushTamang	M	2	Mayaa Daycare
6	Krishal Rana Magar	M	2	Mayaa Daycare
7	Ritu Nepali	F	6	Mayaa Daycare
8	SanishaChaulagain	M	3	Mayaa Daycare
9	Sahil Razza	M	3	Mayaa Daycare
10	RamishaManandhar	F	3	Mayaa Daycare
11	SahirSunar	M	4	Mayaa Daycare
12	Abira Shrestha	F	3	Mayaa Daycare
13	Aaryan Yadav	M	4	Mayaa Daycare
14	Aayana Khadka	F	4	Mayaa Daycare
15	Furesh Tamang	M	3	Mayaa Daycare
16	Ishani Tamang	F	3	Mayaa Daycare
17	Uren Tamang	M	3	Mayaa Daycare
18	Kairav Chaudhary	M	3	Mayaa Daycare
19	Sejal Gurung	F	2	Mayaa Daycare
20	ShrawanTamang	M	2	Mayaa Daycare

### Daycare Evolution since 2013

Location	2013	2014	2015	2016	2017	2018	2019-2020	2020	2021	2022
<b>Jarankhu</b>	-	<b>23</b>	<b>16</b>	<b>21</b>	<b>26</b>	<b>24</b>	<b>16</b>	-	<b>20</b>	<b>20</b>
Boys	-	13	8	7	9	10	10	-	9	11
Girls	-	10	8	14	17	14	6	-	11	9
<b>Balaju</b>	-	-	-	-	-	-	<b>14</b>	-	<b>20</b>	<b>20</b>
Boys	-	-	-	-	-	-	3	-	15	12
Girls	-	-	-	-	-	-	11	-	5	8



## TOTAL cost in 2022 versus budget

Items	2022 Budget Plan	2022 Actual expenses	Reason
Daycare Lunch	355920	330545	Daycare
Daycare Uniform	1400*20=28000	28000	all
Daycare other expenses (games, educational)	30000	30000	
<b>Daycare Renovation</b>	351000	351000	
Daycare teacher (Santoshi Thapa )	14300*13=185900	185900	
Daycare Assistant (Pabitra Rana magari)	13300*13=172900	172900	
Jamuna Tamang (Daycare cook )	13000*13=169000	169000	
<b>TOTAL</b>			

### 3. ASSISTANCE TO SCHOOLS

#### Canteen Building & Facilities, Mahankal School

The canteen for Mahankal School including all the equipment, utensils, furniture etc. were provided by Mayaa Nepal. Lunch for students in Mahankal School is now supported by Government and they do so by using the facilities built by Mayaa Nepal

#### School Library, PuranoGusheshwori School

The library for Purano Guheshwori School was built by Mayaa Nepal. The books were also provided by Mayaa. The library is operational in school.

#### Laptop/Computer

We have provided laptops and computer to SEE students.

#### Online class support for students

Most of our students do not have internet facilities. They were able to take their online classes from Mayaa center and stay in touch with school lessons.

#### 4. FAMILY SUPPORT AND COUNSELING

Home visits are conducted for each Mayaa student at least once a month. For students and families facing any issues, we follow up on them multiple times until the issue is resolved.

*Goal of home visits:*

- To communicate effectively with the families and the students.
- To monitor the living conditions of the family.
- To observe any issues that may need our attention.
- To understand if the family is facing shortage in anyway-monetary, food, healthcare.
- To provide advice and counseling.

#### **Number of families followed by Mayaa**

<b>Total Number of Mayaa supported students</b>	<b>242</b>
Number of Mayaa supported families	159
Number of Mayaa daycare families	40

#### **Number of students and families according to School & University**

SN	School	Total Number of Students	Number of Families
1.	Nepal Ratna School	75	57
2.	Ichangu Narayan Basic School	24	24
3.	Shree Dharma VidyaShram School, Mahankal	16	11
4.	Tarun High School	4	2
5.	PuranoGuheswori School	10	8
6.	Geeta Mata school	5	5
7.	Halchwok School	3	3
8.	Yashovi School	1	1
9.	Siddhartha vanasthaliSchool	1	1
10.	Amrit School	16	16
11.	NR School	7	4
12.	Gram Sewa School	11	8
13.	Siddhi Ganesh School	8	6
14.	Gramin College	2	2
15.	Ganesh Man Sing College	1	1
16.	Kathmandu college of central state	4	3
17.	Gyanodaya College	1	1
18.	Manasulu college	1	
19.	Holy Vision college	1	
20.	Padma kanya College	1	
21.	ST. Xaviers college	1	

22.	Herald college	1	1
23.	Hrit college	1	1
24.	NR college	1	1
25.	Suwal college	1	
26.	Intensive University	1	1
27.	Gramin University	2	1
28.	Padma Kanya University	1	
29.	Rising star University	1	1
30.	Daycare jarankhu	20	20
31.	Daycare balaju	20	20
32.		<b>242</b>	<b>199</b>

### Mayaa Nepal, Emergency support 2022

SN	Emergency support	TYPE of SUPPORT	School
1	Rita, Ritu Tamang	Medical Support	Nepal Ratna school
2	Siyam Rai	Food supply support (25kg Rice, 2 Kg Lintel, 1lt Cooking oil, 2Kg chickpea, 5kg Bitten Rice, Sugar, Salt)	Nepal Ratna school
3	RarohiSunuwar	Food supply support (25kg Rice, 2 Kg Lintel, 1lt Cooking oil, 2Kg chickpea, 5kg Bitten Rice, Sugar, Salt)	Nepal Ratna school
4	Abhinav shrestha	Food supply support (25kg Rice, 2 Kg Lintel, 1lt Cooking oil, 2Kg chickpea, 5kg Bitten Rice, Sugar, Salt)	Amrit school
5	Rikson Tamang	Food supply support (25kg Rice, 2 Kg Lintel, 1lt Cooking oil, 2Kg chickpea, 5kg Bitten Rice, Sugar, Salt)	Amrit school
6	Reman Gahatraj	Food supply support (25kg Rice, 2 Kg Lintel, 1lt Cooking oil, 2Kg chickpea, 5kg Bitten Rice, Sugar, Salt)	Siddhi ganesh school
7	Anusha, Anushka, Anup Tamang	Food supply support (25kg Rice, 2 Kg Lintel, 1lt Cooking oil, 2Kg chickpea, 5kg Bitten Rice, Sugar, Salt)	Siddhi ganesh school
8	Salam, RituPariyar	Food supply support (25kg Rice, 2 Kg Lintel, 1lt Cooking oil, 2Kg chickpea, 5kg Bitten Rice, Sugar, Salt)	Siddhi Ganesh school

## TOTAL cost in 2022 versus budget

Items	2022 Budget Plan	2022 Actual expenses	Reason
Nutrition			
Family empowerment & other support	10000	48680	Nicole visit, Nicole's friend support, extra expenses
<b>TOTAL</b>			

## 5. HEALTH

**Health Camp:** We conduct free Health Camps in all our working areas to support the health and well-being of the students and their parents. Since 2018 our health camps have been more focused on children's needs. The health camps we conduct mostly are Pediatric, Eye, ENT and Dental. The health camps help us address the most common health issues in students. All medicines are provided free of costs during the Heath camps. For other health needs, we have partnered with various hospitals and clinics.

**Mayaa in-house Doctor:** Dr. Binita Mandal, Pediatric Doctor (visits once every week and when needed).

**Enrollment check-up-** Full health check-up for newly enrolled students and collection of medical history.

**Heath check-up for Daycare students-** Once a week, stool test at the time of enrollment and BMI record every month.

**Health Support for students and families** - Free Health check-up for students, parents and children from local areas with medicines and hospital referral by Mayaa in-house doctor.

**Medicine Support-** Mayaa maintains a stock of medicines that are provided free of cost.

**Health treatment support** – Monetary support for families unable to afford treatment.

**Medical Record book** – A health book for each Mayaa student to record their BMI, diagnosis and treatment from Heath check-ups and camps and medical history. BMI: All the Mayaa Nepal students' checkup and BMI recorded.

**Hospital Referral Support:** For the parents and for further diagnosis and treatment, we have partnered up with various hospitals and clinics to provide treatment free of cost or at discounted cost. Below is the list of health institutions we work with:

- Namaste Eye Center (Eye)- Free Eye check up
- Chetrapati Free Clinic (multi-purpose hospital)-Free

- Indravati Pathology Lab (Sample testing)- Minimum Fee
- NEPAL CANCER RELIEF SOCIETY
- Basnet TaarKrisi Sahakari

\*Note on partner institutions: some may have disappeared from the list vs previous years. It all depends on our needs.

## Health Camp 2022

We conducted 21 health camps in 2022.

SN	Date	Type of Health Camp	School/Location	No. of participants	Target Patient	Support
1	Jan-2022	Pediatric & Enrollment c	Balaju center and Jarankhu center	49	Daycare	Medicine
2	Feb -2022	Pediatric	Nepal Ratna School, Jarankhu	67	School students	Medicines
3	Feb 2022	Eye	Mayaa Center	81	School students	Medicines, glasses distribution ,Hospital referral
4	March 2022	Pediatric	Nepal Ratna school	72	School students and daycare	Medicines
5	March 2022	Pediatric	Purano Guheswori school	69	School Students	Medicines, Hospital referral
6	April 2022	Pediatric	Mayaa center and Jarankhu center	42	Daycare	Medicines
7	April 2022	Dental camp	Ichangunarayan school	53	School students	Medicines
8	May 2022	Pediatric	Mayaa Center and Jarankhu	47	Daycare	Medicines
9	June 2022	Pediatric	Jarankhu and Mayaa center	53	Daycare	Medicines
10	June 2022	Pediatric	Nepal Ratna school	39	School students	Medicines

11	July 2022	Pediatric	Jarankhu and Mayaa center	47	Daycare	Medicine
12	July 2022	Pediatric	Nepal Ratna school	49	School students	Medicine
13	August 2022	Dental	Mahankal school	77	School students	Toothbrush and paste distribution
14	August 2022	Pediatric	Jarankhu center and Mayaa center	58	Daycare	Medicine
15	September 2022	Pediatric	Mayaacenter, Jarankhu , Nepal Ratna school	116	Daycare, school students	Medicine
16	Oct-2022	Pediatric	Purano Guheswori school, Balaju	71	School students	Medicine , Hospital referral
17	Nov-2022	Dental camp	Nepal Ratna school	305	School students	Tooth brush and paste distribution
18	Nov 2022	Pediatric	Ichangu Narayan school , Balaju center	50	School students	Medicine
19	Dec 2022	Pediatric	Jarankhu center and Mayaa center	55	Day care	Medicine
20	Dec 2022	EYE Checkup	Ichangu Narayan school	111	School students and teachers	Medicine , Glass distribution
21	Dec 2022	Gynecology	Mahankal school	73	Parents , teacher and stakeholders	Medicine , hospital referral
				<b>1584</b>		

**\*Suggestion for 2023 :** We suggest that Dr Binita go and see all Mayaa students and parents at least once a year. To be focus on Mayaa family, this annual family check-up could take place in Mayaa Centre, split in 3 or 4 camps? Families would be free to come to the 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> camp (especially if they are sick). If they did not join one of the 3 first camps, the 4<sup>th</sup> camp would be compulsory, so that at least Dr Binita could see everyone during the year.

## Health Camp Evolution since 2013

Year	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
No. of times	6	4	7	9	11	9	9	3	10	21
Total no. of participants	401	378	448	1387	1028	769	821	234	531	1584
Type of Health Camps	Pediatric (2), General check up (4)	Dental (1), General check-up (1), Eye (1), ENT (1)	Pediatric (1), General check-up (4), Gyno (1), Dental (1)	Pediatric (2), General check-up (3), Dental (4)	Pediatric (3), Cancer Screening (4), Eye (1), Dental (3)	Pediatric (6), Dental (2), Eye (1)	Pediatric (6), Dental (2), Eye (1)	Pediatric (2), Eye (1)	Dental (1)	Pediatric (14), Enrollment (1), EYE (2), Dental (3)  Gynecology (1)

### \*Notes on 2022 Health camps participants:

Daycare Enrolment checkup = 49

Amrit school, shiddhi ganesh ,slumarea, Mayaa center ( Pediatric) = 109

Nepal Ratna school (Paediatric checkup) -=375

Puranao Guheswori school (pediatric)=140

Ichangu Narayan school (Pediatric)= 54

Dental camp= 435

EYE Checkup = 192

Gynaecology Checkup = 73

### Awareness program 2022

**The aim of our** awareness programs is to raise awareness about health and social issues.

This year 11 awareness program has been conducted.

SN	Date	Type of Awareness program	Location	Conducted by	No. of participants	Goals
1	13-Jan-2022	COVID-19, and Omicron variant	Mayaa Center	Dr. BinitaMandal	23 parents	Prevention

2	17 Feb 2022	Child Psychology	Mayaa Center	Dr. BinitaMandal	<b>16 parents</b>	To aware the parents , to child care
3	28 April 2022	Dental awareness	Ichangu Narayan school	Dr. Mandal	<b>53 students</b>	How to protect the teeth and how to use brush teeth, and prevention
4	19- May 2022	Ear care	Nepal Rana school	Dr. Binita mandal	<b>19 parents</b>	How to protect the health care the ear
5	16 June 2022	Diarrhea	Mahankal school	Dr. Binita Mandal	<b>50 students</b>	Prevention
6	29 July2 022	Food and Nutrition program	Mahankal School	Dr. Binita Mandal	<b>52 parents and students</b>	About Nutrition value in food
7	13July 2022	Career counselling and CV writing	Mayaa Center	Dr. Priya Agrawal Flex	<b>9students</b>	How to write CV, And ..
8	24- August 2022	Dental Awareness	Mahankal school,	Dr.Elizma Ranjit and Dr. Kriti Shrestha	<b>77children and teacher</b>	How to protect the teeth and how to use brush teeth, and prevention.
9	8August 2022	Viral fever	Jarankhu	Dr. Binita Mandal	<b>25 parents</b>	How to take care during this time
10	20- October2022	Dengue	Mayaa Center	Dr. Binita Mandal	<b>24 parents</b>	Prevention
11	3Nov 2022	Dental awareness	Nepal Ratna school	Dr. Elizma Ranjit .Dr.	<b>304</b>	How to protect the teeth and how to use brush teeth, and prevention
12	30 Nov 2022	Personal hygiene to prevention from cold	Mayaa center	Dr. Binita Mandal	<b>29 parents</b>	Prevention
13	31 Dec 2022	Gyno Awareness	Mahankal school	Dr. Durga Shakya	<b>73 parents</b>	How to care about personal hygiene.
				Total	<b>754</b>	



### Awareness program Evolution since 2013

Year	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
<b>No. of times</b>	No data	No data	No data	No data	13	17	18	2	7	11
<b>Total no. of participants</b>	No data	No data	No data	No data	529	1061	1249	117	221	754

### Healthcare cost in 2022 versus budget:

Items	2022 plan	2022 expenses	Reason
Awareness Program	40 000	29 675	In some cases, we got support from the government and other institutions. With the help of collaboration with other institutions, our budget was not spent.
Free Health Camps and Health checkup + Medicines	420 000	270 039	
<b>TOTAL</b>			

## 6. MAYAA NEPAL STAFF & VOLUNTEERS

### Mayaa Nepal staffs 2022

SN	Name	Role
1	Nihita Pachhai	Founder & Director
2	Sanju Maharjan	Lead Social Worker
3	Santoshi Ghale	Social Worker
4	Santoshi Thapa	Balaju Daycare Teacher
5	Pabitra Magar	Office assistant (until Sept 2022)
6	Jamuna Tamang	Balaju Daycare cook
7	Dr. Binita Mandal	Pediatric Doctor
8	Ashima Tamang	Balaju Daycare Assistant (since Oct 2022)
9	Shraddha Thapa	Report (Part Time)

### Jarankhu Day Care

1	Anita Ghale	Jarankhu Daycare Teacher
2	Bina Magar	Jarankhu daycare cook

### **Little Garden:**

The Little Garden project at the center flourished well in 2022. Two mothers employed by Mayaa Nepal worked to maintain the garden - preparing soil, fertilizing the soil, sowing seeds, transplanting saplings, watering, removing weeds and harvesting. All employees were also involved in maintaining the garden.

Green beans, long beans, cabbage, cauliflower, carrot, radish, spinach, mustard green and other greens, pumpkin stalks, tomatoes, corn, Taro root, Lady's finger, Green chili, Capsicum and Peppers, Luffa gourd and Turmeric. The guava fruit tree and strawberry bushes also produced a good harvest.

The harvest from Little Garden project at the center was provided to families.

### **Chicken coop:**

We have started collecting eggs from the chicken coop. The eggs were given to the needy families and to the daycare children. We have a total of 20 chickens.

### **Volunteers for 2022**

There were 4 volunteers in Mayaa Nepal during this year 2022.

### **No. of volunteers over the years**

<b>Year</b>	<b>2017</b>	<b>2018</b>	<b>2019</b>	<b>2020</b>	<b>2021</b>	<b>2022</b>
No of volunteers	4	10	6	2	0	4